

Me and My Relationships

Conflict

Prior Knowledge

Reception - If we respect other people, we will be treated with respect in return.

Year 1 - Rules and age restrictions help to keep us safe.

Year 2 - Bodies and feelings can be hurt by words and actions.

Year 3 - Some rules are different for different age groups, in particular for internet-based activities.

Year 4 - 'Good' and 'bad' feelings can affect our physical state.

Future Learning:

Year 6 - We can use assertive behaviours to resist peer influence and pressure.



My Component Knowledge:

Lesson 1: I can describe the attributes needed to work collaboratively.

Lesson 2: I can explain what is meant by the terms negotiation and compromise.

Lesson 3: I can discover what is right and wrong when it comes to friendships.

Lesson 4: I can identify who to talk to if I need help.

Lesson 5: I can identify characteristics of passive, aggressive and assertive behaviours.

Lesson 6: I can recognise basic emotional needs, understand that they change according to circumstance.

My Composite Knowledge:

I can understand the importance of healthy relationships. Creating strategies to seek support and ensure unhealthy situations are dealt with appropriately.

My Powerful Knowledge:

I will recognise how information verbally, physically and online can be misinterpreted.

Key Vocabulary

Tier 1: qualities, issues, negotiation.

Tier 2: collaboration, attributes, compromise.

Tier 3: assertive, passive, aggressive.



What makes a good friend?

Who can you ask for support?

What are emotions?