

Winkleigh Primary School
Farmer Frank's Lane
Winkleigh
EX19 8JQ

Dear Parents, Carers, Family and Friends,

The children of Winkleigh Primary School have been involved in loads of sport during the Autumn term. This newsletter is going to look through the PE the children have participated in, the competitions they've worked hard in and also after school clubs they've enjoyed over this period.

PE Lessons Autumn Term

Multi Skills & Invasion Games

In year 1 & 2 the children have been focused on Multi-skills and Invasion Games in the Autumn term. During Multi-skills they have been practicing new skills and the fundamental skills needed when participating in all sports. Some key skills included, balancing, running, jumping, throwing and changing direction. The children in year 1 & 2 really enjoyed learning about these skills and most showing improvement within these skills over the term, while showing great enthusiasm in every lesson. We created lots of circuits and games which covered all these skills, and the children also had chance at creating their own circuits towards the end of the term.

During the Invasion Games the children had opportunity to put some of these skills to the test and also work on teamwork within small groups. These invasion games included lots of tagging, dogging and being competitive in little games.

Tag-Rugby

Years 3-6 all had rugby for the first part of the Autumn term and majority of this time was spent on the field. We introduced some tagging games that focused on using the tags and tag belts, and the children loved playing these tagging games. We also focused a lot on types of passing, dodging and game scenarios in the higher year groups. Some children that hadn't played such Tag Rugby before really started to enjoy the sessions and it was clear that the enjoyment also meant development within the sessions and process was made.

Gymnastics

Years 2-6 focused on Gymnastics in the second part of Autumn term. Many children at the start were apprehensive about going this sport, but when winter started and weather changed they were quite happy to be inside, in the hall. For most Gymnastics meant a similar skill level throughout classes which meant they would be learning new skills and techniques. During the Gymnastics lessons we focused on making shapes individually and as groups, balancing individually and in groups, jumping, rolling, turning, using gym balance beams and also creating routines which focused on the main lesson objective for that session. Towards the end of term, you could see a real understanding for Gymnastics, with the routines getting more advanced as lessons went on.

School Fixtures Autumn Term

September - Year 5/6 Football Match: The Year 5/6 football team travelled to Bow Primary school for a football match, they won the match and played exceptionally well.

October - Year 5/6 Football Match: The Year 5/6 team won both their matches against Hatherleigh Primary School, some children from Kings Nympton School came along to join the Winkleigh team for some friendly football.

November - Year 3/4 Football Tournament: Teams from Monkleigh, Lapford, and Bow came to the school for a Year 3/4 football tournament, Winkleigh came joint second after drawing twice, losing once and winning once.

December - Year 5/6 Inter School World Cup Tournament: Years 5 and 6 split into 8 teams and played a mini World Cup Tournament, everyone involved enjoyed themselves with Spain coming out on top.

After School Clubs

The after school clubs during the Autumn term were really fun with a range of sports being played, and some new games that the children really enjoyed. We are running new clubs in the Spring term so would be great to see lots of children getting involved.

The after school clubs that were ran through Autumn term were:

Wednesday: Year 4 Multi Sports

Thursday: Year 5 Multi Sports

Friday: Year 6 Multi Sports

In the Spring term we are running the following:

Wednesday: Girls Footballs Years 3-6

Thursday: Multi-sports Years 3-6

Friday: Multi-sports Years 1 & 2

Hope everyone has a great Christmas, and a Happy New Year!

Kind Regards

Mr. Emery, Winkleigh PE