Friday 6th January 2023



Winkleigh Primary School Weekly Newsletter

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A note from the Head

Dear Parents and Carers,

We hope you all had a lovely Christmas break, we would like to wish all our families a very Happy New Year.

It has been lovely to welcome the children back this week, as always they have come back eager and ready to learn. I can't believe it is Friday already! We have lots of exciting trips and experiences planned for this term and are really excited to be starting the new term.

There seems to be some conflicting advice currently regarding attendance and keeping children off school if they are unwell. We are at that time of year when coughs and colds are prevalent and we know that parents make sensible decisions about when to send their child / children to school. As a school we continue to have stringent hygiene procedures in place as we have since COVID.

Attendance remains a national priority for all children, as we know this has a direct impact on their attainment.

The current advice is:

Coughs and colds

It's fine to send your child to school with a minor <u>cough</u> or <u>common cold</u>. But if they have a fever, keep them off school until the fever goes.

Encourage your child to throw away any used tissues and to wash their hands regularly.

High temperature

If your child has a high temperature, keep them off school until it goes away.

Click on the links to find out more.

Have a lovely weekend,

Frenende

Mrs V Fenemore, Executive Headteacher

DIARY DATES W/C 9TH JANUARY 2023					
Saturday 7th January	 Deadline for booking school meals and before school club for w/c 16th January 				
PLEASE NOTE—Year 1 & 2 PE TIMETABLE HAS CHANGED FROM DAYS LISTED IN CLASS NEWSLETTERS (SHOWN IN RED BELOW)					
Monday 9th January	 PE lessons today: Year 5 3.30pm-4.30pm Cooking Club (Year 3 & 4) 3.30pm-5.30pm Two Rivers Music Tuition 				
Tuesday 10th January	 PE lessons today: Year 4, Year 6 3.30pm-4.30pm Football Club (Year 3 to 6) 				
Wednesday 11th Jan	 PE lessons today: Owls, Year 1, Year 3, Year 4 Year 5—Visit from South West Water 3.30pm-4.30pm Girls Football Club (Year 3 to 6) 				
Thursday 12th January	 PE lessons today: Owls, Year 2, Year 3 3.30pm-4.30pm Fine Art Club TASTER SESSION 3.30pm-4.30pm Multi Sports Club (Year 3 to 6) 				
Friday 13th January	 PE lessons today: Year 2 (NOT Year 1), Year 5, Year 6 9.15am-10.30am Nursery Stay & Play 3.30pm-4.30pm Multi Sports Club (Year 1 & 2) 				

Emails sent this week: School Meals Menu Change 4th & 5th January. Owls Show & Tell. Message from FOWS re Christmas Jumpers. Nursery Newsleter. Owls Class Nerwsletter. Year 1 Class Newsletter. Year 2 Class Newsletter. Year 3 Class Newsletter. Year 4 Class Newsletter. Year 5 Class Newsletter. Year 6 Class Newsletter. Skern Lodge Instalment Reminder. London Residential Instalment Reminder. Year 6 Spellings 6/1/23. Year 2 Spellings. Year 5 Spellings 6/1/23. Year 4 Spellings 6/1/23.



WINKLEIGH FUNDRAISING





ADVICE FOR PARENTS



NHS

UK Health Security Agency

Should I keep my child off school?



Until...

Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over				
Diarrhoea and Vomiting	48 hours after their last episode				
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.				
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics				
Measles	4 days after the rash first appeared				
Mumps	5 days after the swelling started				
Scabies	they've had their first treatment				
Scarlet Fever	24 hours after they started taking antibiotics				
Whooping Cough	48 hours after they started taking antibiotics				

No

but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever		
Head lice	Tonsillitis		
Threadworms	Slapped cheek		



Advice and guidance

To find out more, search for health protection in schools or scan the QR code or visit https://qrco.de/minfec.

AUTUMN/WINTER MENU



31ST OCTOBER 2022 TO 31ST MARCH 2023

One	Monday	Tuesday	Wednesday	Thursday	Friday	
Option 1	Cheese & Tomato Pizza	Hunters Chicken (Homemade BBQ Sauce) & Rice)	Roast Chicken & Stuffing (Optional)	Westcountry Sausage (Pork) & Mash with Gravy	Fish Fingers	
Option 2 (v)	Vegetable Crumble	Quorn & Vegetable Fajita with Rice	Leek & Potato Layer Bake	Gnocchị with Quorn Mince Ragu	Quorn Dippers	
Sides	Sweetcorn & Potato Wedges	Peas	Roast Potatoes, Carrots & Gravy	Country Mixed Vegetables	Wholemeal Pasta or Chips & Crunchy Veg Sticks	
And for pudding	Pancakes with sliced Banana & Honey	Apple Crumble & Custard	Seasonal Fresh Fruit Platter or Organic Yoghurt	Sticky Toffee Cake topped with Toffee Sauce & Langage Farm Ice Cream	Homemade Chocolate Drop Biscuit	
Jacket Potato	' Beans	Cheese	Tuna	Cheese	Beans	
wailable each day	Freshly Prepared Salad, Fresh Bread & Drinking Water. Fresh Fruit or Organic Yoghurt available as a pudding alternative.					

Week TWO						
TWO	Monday	Tuesday	Wednesday	Thursday	Friday	
Option 1	Quorn Curry & Tilda Rice	Cottage Pie (Beef)	Roast Gammon & Pineapple (Optional)	Organic Pork Meatballs & Wholemeal Pasta	Salmon Bites	
Option 2 (v)	Macaroni Cheese	Tomato & Bean Pasta Bake with Crusty Bread	Vegetable Wellington	Vegetable Chilli & Rice	Cheese & Tomato Quiche	
Sides	Peas & Sweetcorn	Green Beans & Gravy	Roast Potatoes, Carrots & Gravy	Farmhouse Mixed Vegetables	Wholemeal Pasta or Chips & Crunchy Veg Sticks	
And for pudding	Homemade Banana Muffin	Jam Sponge & Pink Custard	Seasonal Fresh Fruit Platter or Organic Yoghurt	Carrot Cake	Chocolate Cracknel	
Jacket Potato	Cheese	Beans	Tuna	Cheese	Beans	
Available each day	Freshly Prepared Salad, Fresh Bread & Drinking Water. Fresh Fruit or Organic Yoghurt available as a pudding alternative.					
Week starting:	07/11/22; 28/11/22; 02/01/23; 23/01/23; 20/02/23; 13/03/23					

Week Three Monday Tuesday Wednesday Thursday Friday Tuna Pasta Roast Pork & Pizza Margherita Lasagne (Beef) Cod Goujons Bake Stuffing (Optional) Cheese Wheel & Plant Power Burger Veggie Roast Singapore Style Noodles Quorn Sausage Potato Wedges Sweetcorn Roast Potatoes, Carrots Crusty Bread Wholemeal Pasta or Chips Farmhouse Mixed Vegetables & Herby Diced Potatoes & Gravy & Roasted Winter Vegetables & Crunchy Veg Sticks Apple & Custard Cake with Seasonal Fresh Fruit Platter or Sticky Chocolate Cake Homemade Jammy Dodger Flapjack Langage Farm Ice Cream Organic Yoghurt & Chocolate Sauce Biscuit Beans Tuna Cheese Cheese Beans Freshly Prepared Salad, Fresh Bread & Drinking Water. Fresh Fruit or Organic Yoghurt available as a pudding alternative. Week starting: 14/11/22; 05/12/22; 09/01/23; 30/01/23; 27/02/23; 20/03/23



Are you entitled?

Families with children in Key Stage 1 who are eligible are encouraged to apply as the funding is in addition to Universal Infant Free School Meals!

If your circumstances have changed and you are now in receipt of one or more of the following:

- Universal credit (provided you have a net income of £7400 or less)
- Income support
- Income-based jobseekers' allowance
- Income-related employment and support allowance
- Support under Part IV of the Immigration and Asylum Act 1999
- The guaranteed element of state pension credit
- Child tax credit, provided that you are not also entitled to working tax credit and have an annual gross income of £16,190 or less

You may be eligible for pupil premium funding for Winkleigh Primary School, which entitles your child/ren to receive Free School Meals.

It takes less than a minute to apply.

Visit the following website: https://www.gov.uk/apply-free-school-meals

or call the Education Helpline on 0345 155 1019.

If eligible, please send a screenshot of your confirmation to admin@winkleigh.devon.sch.uk

Holiday Activities and Food (HAF) programme



The aim of the Holiday Activity and Food (HAF) programme is to support children to eat more healthily, be more active over the school holidays and have a greater knowledge of health and nutrition as well as be more engaged with school and other local services.

To help you find the guidance you need, please visit: <u>Holiday Activities and Food (HAF) programme – Education and Families (devon.gov.uk)</u>

