

Growing and changing

Innovation

Prior Knowledge

Year 4:
 Growing and changing
 Year 5:
 Growing and changing



Key Vocabulary

Tier 1: Change, Impact, Privacy, Feelings

Tier 2: Puberty, Hormones, Social media, Safe and unsafe secrets, Peer pressure, Mental health, Body image, Relationships

Tier 3: Internal, External, Stereotypes, Emotional responses, Consent, Social norms, Diversity, Gender

What do we mean by stereotypes?

My Component Knowledge:

Lesson 1: I can recognise some of the changes I have experienced and my emotional response to those changes

Lesson 2: I can recognise that photos can be changed to match society's view of perfect

Lesson 3: I can define what is meant by the term *stereotype*

Lesson 4: I can understand the risks of sharing images online and how these are hard to control, once shared

Lesson 5: I can define the word 'puberty', giving examples of some of the physical and emotional changes associated with it

Lesson 6: I can explain the difference between a safe and an unsafe secret

My Composite Knowledge:

I know that everyone goes through changes in their lives and that these changes can affect people in different ways.



What are the similarities and differences between male and female bodies?