

Growing and changing

Innovation



Prior Knowledge

Year 3: Every person will go through puberty in their life. People start puberty at different ages.

Year 2: Humans mostly have the same body parts but they can look different from person to person. Some of our body parts are private.

Year 1: As we grow, we are able to acquire new skills that we didn't have when we were younger.

My Component Knowledge:

Lesson 1: I can describe some of the changes that happen to people during their lives.

Lesson 2: I understand how the onset of puberty can have emotional as well as physical impact.

Lesson 3: I understand and can explain why puberty happens.

Lesson 4: I understand that periods are a normal part of puberty for girls.

Lesson 5: I recognise how secrets and surprises can make people feel.

Lesson 6: I know the reasons why a person would want to be married, live together, or have a civil ceremony.

My Composite Knowledge:

I know that everyone goes through changes in their lives and that these changes can affect people in different ways.

My Powerful Knowledge:

I am aware that one change that everyone goes through is puberty and I know that there will be changes to my own body. I know that puberty can impact people's emotions and I have strategies to support me.

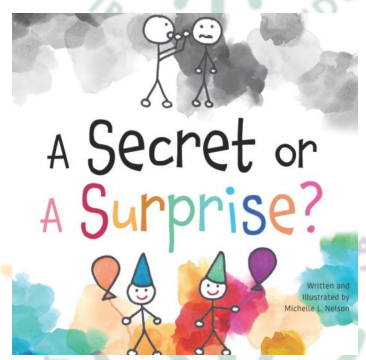
Key Vocabulary

Tier 1: Change, Impact

Tier 2: Compromise, Conflict, Puberty, Hormones

Tier 3: Internal, External

1. Angry
2. Upset
3. Jealous
4. Worried
5. Excited
6. Scared



Why do feelings change during puberty?

What are the similarities and differences between male and female bodies?

