

# Keeping myself safe

## Innovation

### Prior Knowledge

**Year 2:** Keeping myself safe—belongings and personal space.

**Year 1:** Keeping myself safe—exercise, healthy lifestyle and trusted adults.



### My Component Knowledge:

Lesson 1: I can make links to my prior learning.

Lesson 2: I can discuss safe and unsafe situations.

Lesson 3: I can consider dangers and risks.

Lesson 4: I can learn about alcohol and cigarettes.

Lesson 5: I can learn about internet safety.

Lesson 6: I can explain how to keep myself safe.

### My Composite Knowledge:

I can understand how to keep myself safe and how to make safe choices.

### My Powerful Knowledge:

I understand that there are risks and life and I have strategies to consider dangers and risks. I have developed strategies for dealing with risks and unsafe situations.

### Key Vocabulary

**Tier 1:** risk, safe

**Tier 2:** danger, alcohol, cigarettes, similarity, difference, strategies

**Tier 3:** innovation, nicotine, medicine



What are safe and unsafe situations?

What does staying safe mean?

How can I stay safe on the internet?

