

Me and My Relationships

Conflict

Prior Knowledge

Reception: Children will have covered the Reception unit of learning. This unit included discussion about family, who can help us and our feelings.



My Component Knowledge:

Lesson 1: I can explain why we need classroom rules.

Lesson 2: I know how to be a good listener.

Lesson 3: I can talk about different emotions.

Lesson 4: I can identify a range of feelings.

Lesson 5: I can suggest ways to help someone who is hurt.

Lesson 6: I know what makes a good friend.

My Composite Knowledge:

I know that we need school rules in order to keep safe. I know that emotions are changeable and that we feel a range of different emotions. I know what qualities a good friend has.

My Powerful Knowledge:

I understand that I can feel a range of emotions and can try to help others who are feeling negative emotions. I know that classroom rules are in place to help us stay safe and to ensure that we are all treated with respect.

Key Vocabulary

Tier 1: class, friends, happy, sad.

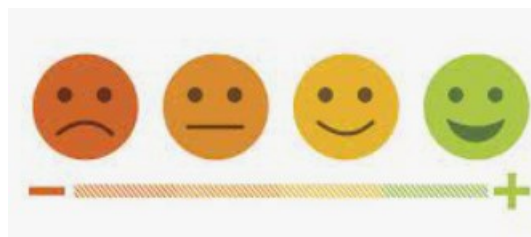
Tier 2: rules, safe, environment, learning, listening, attention, feelings, angry, tired, emotions, rest.

Tier 3: body language, physical reaction, self-care.



How can we help someone who is feeling sad?

How can we tell how someone is feeling?



What is body language?