

Prior Knowledge

Year 3—You learned about rules and how some rules apply to people as they get older. You also learned about the consequences for breaking some of these rules.

Year 4—You learned that good and bad feelings can affect your mental and physical state and some strategies to cope with this. You also learned that different people can have different feelings in the same situation.

Year 5— You learned to recognise healthy and unhealthy relationships and so seek support to resolve this. You also learned that basic emotional needs change according with circumstance.



My Component Knowledge:

Lesson 1: Working Together

Lesson 2: Solve the friendship problem

Lesson 3: Behave yourself

Lesson 4: Assertiveness Skills

Lesson 5: Don't force me

Lesson 6: Acting appropriately

My Composite Knowledge:

I understand that relationships take work and time to develop and that it is normal to agree and disagree with others' opinions.

My Powerful Knowledge:

I can work collaboratively in a group and confidently share my opinions and defend my arguments. I also understand the law regarding consent, respecting others' and safeguarding.



Key Vocabulary

Tier 1: friends, family, falling out, risk taking, feelings, keeping safe,

Tier 2: cooperation, teamwork, collaboration, respect, peer pressure, bullying, LGBT+, diversity, safeguarding,

Tier 3: conflict resolution, assertiveness, peer influence, consent, forced marriage, FGM,



What does assertiveness mean?

How do I recognise peer pressure?

Is there a safe way of taking a risk?

